



Inside Men's Residential Services



A safe, supportive space where men begin healing—with 24/7 care, clear expectations, and compassionate guidance to build stability and lasting recovery.

Home for Hope



Our residential program offers a secure, supportive place for men to heal—especially those with severe substance use, unstable housing, or limited support.

Our Staff: Meet the Team Changing Lives



Ludendoff Bartheley holds a B.S. in Exercise Science and Health Promotion from Florida Atlantic University. He began his career helping people improve physical health but soon sought deeper work in community and connection. Since joining DAF's **Men's Residential team in 2022**, he's witnessed the resilience and healing of the men we serve.

Now **Facility Manager**, he leads with compassion and authenticity. *"You don't have to walk the same path as someone to learn from their journey," he says. "Everyone's story holds value, and we grow stronger when we listen, support, and uplift each other."*

Inspired by family and colleagues, he brings kindness and integrity to all he does, driving lasting positive change.

Ludendoff Bartheley



Chrisla Exis has been a dedicated **Behavioral Health Technician at DAF for nearly two years**, drawn to the field by her passion for helping others and quickly discovering the profound impact of supporting individuals on their healing journeys. She finds purpose in being a steady, compassionate presence for clients while continuing to grow personally and professionally, motivated by the progress she sees in others and herself, and takes pride in showing up each day with care and consistency. As she says, *"I believe in showing up, working hard, and standing strong on my own—because real independence means being the person others can count on."*

Chrisla Exis

Services That Go Beyond Sobriety



More than a place to stay—it's where men heal through detox, therapy, trauma-informed care, peer support, and real-world relapse prevention skills.

Tools for Today, Hope for Tomorrow



Men who complete our program are more likely to gain employment, maintain sobriety, and avoid re-arrest—laying a stronger foundation for the future.

Rebuilding Lives, One Step at a Time

The Men's Residential Facility at DAF fills a vital need in Palm Beach County as the only program offering residential treatment for men who might not otherwise have access to care. We focus on accountability, emotional growth, and life skills—empowering each man to heal and rebuild with purpose. We meet men where they are, providing flexible, evidence-based treatment tailored to their journeys.