



NEWS

MAGAZINE



Infinite Hope: Transforming Lives for Moms and Babies

MORE INFORMATION VISIT: www.dafpbci.org

SIEMENS-EVERT COMPREHENSIVE SERVICE CAMPUS
DRUG ABUSE FOUNDATION

400 SOUTH SWINTON AVE
DELRAY BEACH, FL 33444 (561)278-0000

56
YEARS OF SERVICE



TRANSFORMING LIVES FOR MOMS AND BABIES



At the Drug Abuse Foundation (DAF), lives are transformed every day through barrier-free care designed to meet the needs of some of our most vulnerable community members: mothers and their babies.

With compassion and innovation, the Moms and Babies Program is rewriting the narrative of addiction and giving families a chance to thrive.

REMOVING BARRIERS, RESTORING DIGNITY

Our mission is simple yet profound: to help substance-free mothers give birth to substance-free infants while fostering strong, loving parent-child relationships. We create a safe, supportive space where women can focus on recovery, celebrate new beginnings, and embrace a healthier, drug-free lifestyle. Together with a compassionate community, we're not just saving lives—we're building stronger families.



A Glance Of Our Facility

THE CENTER FOR WOMEN AND CHILDREN

The center features a warm, open-concept space blending living, dining, and kitchen areas to create a cozy, family-like atmosphere.

A nearby nursery provides easy access for moms to care for their babies while staying connected to the community.



FIRST STEPS TOGETHER: OUR MOMS AND BABIES PROGRAM STORY



In 2016, a gap in resources for mothers and infants became apparent when a local moms-and-babies program closed its doors. We stepped up to meet this critical need, launching a specialized residential treatment program designed for substance-involved mothers and their children.

Early on, with a census of 11 mothers, 11 infants, and three pregnant women, we recognized the importance of expanding our efforts. By 2019, we had built a dedicated facility to ensure these families could receive the care they desperately needed.



A Holistic Approach That Transforms Lives



Specialized Recovery Services

- Intensive Residential Stabilization: Tailored, 24/7 care for mothers and their children.
- Prenatal & Postnatal Care: Ensuring healthy pregnancies and safe deliveries.
- Drug-Free Deliveries: Providing comprehensive support during labor and delivery.
- Pediatric & Infant Care: Offering essential services for newborns' growth and development.
- Education & Aftercare Planning: Empowering families with tools for lasting recovery.



Heartfelt Journeys: Staff Reflect on the Most Rewarding Aspects of the Moms and Babies Program

What do you find to be the most rewarding aspect of your role in the Moms and Babies Program?

Nina: The most rewarding part of my work is seeing mothers leave the program with a transformed perspective on life. Watching them graduate and thrive, accomplishing goals they once thought unattainable, is incredibly fulfilling. It's heartwarming to receive updates and pictures from these moms, sharing how well their babies are doing. Knowing we've played a role in helping them build stronger parent-child relationships and grow as individuals is truly inspiring. Seeing them live their best lives, equipped with the tools and confidence to nurture their children, is the ultimate reward.

**FY 2022 NUMBER OF
MOM SERVED: 56
BABIES SERVED: 39
DELIVERIES IN TREATMENT: 18**

Shaneika: "The most rewarding part of my work is seeing the growth of mothers as they learn to build healthy parent-child relationships. It's inspiring to watch their unique personalities shine as they interact with their babies. Many come in frustrated by the program's rules, but by the end, they're excited about the skills they've gained. Seeing their transformation and how they embrace their role as parents reminds me of the impact we can make in creating stronger families and brighter futures."



Nina Lynch, MS, is the Director of Women's Residential Services at DAF, dedicated to creating transformative spaces for women in need. She holds a BA in Psychology from Manhattaville University and a Master's in Childhood Education from Mercy University. A mother of four, Nina previously served as Care Coordinator for the PPW program



Shaneika Spells, a Child Care Specialist at DAF, is a devoted mother of five and foster parent. With years of experience as a daycare teacher for children aged 3 months to 4 years, she earned her medical assistant certification in February 2024.

“THE ROAD TO REDEMPTION: OVERCOMING ADDICTION FOR THE LOVE OF MY CHILD”

CLIENT STORY IN HER WORDS

“On March 3rd, 2023, my life would change. Early that morning, I would be air lifted to Lawnwood Memorial due to an overdose while pregnant. After giving birth to my son, he was back in the room with me when DCF came into the room to question me I explained to them I was an addict and the reason I tried to commit suicide was because I would rather die than them take my son away from me and have to watch another woman raise him. That's when they gave me the chance of a lifetime. On March 6th I got discharged from the hospital on the same day I would walk into DAF (Drug abuse foundation) I was so afraid of detoxing and being in the unknown, but little did I know I was right where I needed to be.

At DAF, I learned so much about myself that I didn't even realize how much I've stuffed my true self away during addiction and how selfish I've become. I grew up being told that DCF is for bad people, and they will do everything in their power to take your children away. But that was all a lie. They are for families; they want nothing but the best for the child/children and the best thing for little ones are the little one's parents so they put structure in your life so you can become the parent your little one deserves. On October 25th, 2024, my case with DCF would be closed, and all I could do was cry because of all the amazing people that I met along my recovery journey I had to say goodbye too.



As of today, I'm 283 days, clean. I once thought 3 days was impossible. As I wake up every day next to my little boy, it's a reminder that all things are possible."

FREQUENTLY ASKED QUESTIONS

Who is eligible to participate in the program, and how can someone enroll?

Any one 18 or older and not in need of hospital emergency services is eligible for the program. You can come into our receiving center 24/7 or call 561-278-0000 for an assessment appointment.

What do I need to bring with me to the program?

You do not need to bring anything. We will provide you with everything you need (hygiene products, infant supplies (Diapers, wipes, bottles, formula, blankets, and clothing). You can bring limited personal items such and clothing.

What kind of prenatal and postnatal medical care is offered to mothers?

DAF has medical staff on site 24/7 to meet basic needs of both mom and baby. Babies will receive daly monitoring from medical staff. DAF will coordinator care with your OB and pediatrician.

How long is the average length of stay for the program?

The length of stay is individual and according to each client's needs. It is recommended that an individual stay throughout pregnancy and after delivery. Women and infants can stay up to a year if needed.

How can the community support the program, either through donations or referrals?

Our Services are available to all regardless of ability to pay. The community may help support the program by making a donation on at DAFPBCi.org

Frequently
Asked
Questions

Donate

with us Today!



Website
www.dafpbci.org



Phone
561-278-0000



Address
400 South Swinton
Avenue, Delray
Beach, 33444

Thank You

Thanks for supporting our programs!



DRUG ABUSE FOUNDATION'S
 COMPREHENSIVE SYSTEM OF CARE AND SERVICE GROUPS



celebrating a half century of service

...to encourage and support the process of recovery from chemical addiction, to promote drug free living and mental well being...

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